

Central Piedmont Culinary Arts Uniform Standards – updated 3/13/2026

**** UNIFORMS MUST BE PURCHASED AT THE Central Piedmont BOOKSTORE while student is enrolled in CUL 110. Individual items may vary in price according to size. ****

Students are expected to be in full uniform for every lab class except when approved by their instructor for special circumstances. ALL uniforms and accessories must be clean, wrinkle free and well maintained.

2 White student Chef's Coat monogrammed Central Piedmont student chef's jackets. Jackets should fit loose enough to pull away from the body for safety.

2 B/W Checkered Pants Black and white check or hounds tooth professional chef's pants. Pants cannot be of an alternative pattern. Pants must fit loose enough to be able to pull away from the body in case of emergency. All pants must be hemmed appropriately to not touch the ground.

2 Apron Bib white apron.

2 Hat Black skull cap or black floppy toque. Alternate head coverings may not be worn.

Other Required items - NOT available at the Central Piedmont Bookstore:

Shoes Black, slip resistant, low heeled (rubber heel preferred), closed toe, comfortable. Athletic shoes and Crocs with cut outs not acceptable.

Socks Must be worn with shoes. Supportive athletic socks are recommended for comfort.

Other A calculator, pencil or pen, pocket notebook, a roll of painter's tape or masking tape, permanent marker.

Personal Appearance

All students are required to bathe daily.

Fingernails should be clean, neatly trimmed to not extend beyond the fingertip. No nail polish or false nails (of any kind) may be worn.

No perfume, cologne or other fragrant body product may be worn.

Make-up should be moderate and natural. False eyelashes may not be worn.

Hair should be clean, well-groomed, and neat. Hair longer than shoulders must be braided, in locks, or tied back, and off the shoulders and covered. Very long / heavy hair may be neatly contained off the shoulders with a solid black silk wrap or other black solid fabric scarf and topped with skull cap or floppy toque.

No deviation from the lab dress code will be permitted unless a request for accommodation - is granted through [Disability and Access Services](#)

Request for accommodation of religious attire must be submitted in writing to the Program Chair. Attire required by a student's religion may be accommodated, if and to the extent an accommodation can be accomplished, consistent with the interests of Central Piedmont and in maintaining standards of health and safety.

Culinary Arts Program – Jewelry Policy updated 3/13/2026

Jewelry Policy

To maintain proper **food safety and sanitation standards**, jewelry must be kept to a minimum in all culinary labs and food preparation areas.

Allowed Jewelry

- One **plain metal wedding band**
- **Permanent Stud face/earrings only**, with **no more than four (4) total pieces** above the shoulders
- Stud jewelry must be **8 mm or smaller**

Not Allowed

- Hoop or dangling jewelry
- Necklaces worn outside clothing
- Bracelets or anklets
- Rings with stones or decorative features
- Watches during food preparation

Compliance

Students who arrive to lab wearing prohibited jewelry will be required to remove it before participating. Failure to comply will result in removal from the lab and marked absent for the day.

Facial Hair Policy – updated 3/13/2026

To maintain proper **food safety, sanitation, and professional standards**, all facial hair must be properly maintained and fully restrained while working in culinary labs, kitchens, or food service areas.

Requirements

- Facial hair must be **clean, neatly trimmed, and well maintained**.
- Students with **beards, mustaches, or goatees** must wear a **beard restraint or beard net** during all food preparation and service activities. Students must purchase nets.
- **Mustaches** that extend past the upper lip must also be properly restrained.
- Students must follow all **personal hygiene standards**, including washing hands after touching facial hair.

Compliance

Students who do not properly restrain facial hair will be required to correct the issue before participating in lab activities. Failure to comply may result in removal from the kitchen lab and marked absent for the day.