

# Health Professions and Human Services

## Student Guidelines on Contagious Diseases and Other Medical Conditions with Restrictions

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### HPHS Guidelines Regarding Contagious Diseases and Other Medical Conditions with Restrictions:

Students in all HPHS programs will not be allowed to attend lecture classes, laboratory, and/or clinical sessions should they contract any contagious disease and/or present other medical conditions posing a health risk and/or transmissible to others. Contagious diseases include those transmitted by direct or indirect contact, through blood and body fluids, and/or airborne routes, restricting health care workers from direct patient contact.

Any interruption in the student's program may make completing course requirements difficult. Withdrawal or dismissal from the program may become necessary, evaluated on an individual basis. Students are responsible for reviewing the Program's and/or individual course requirements for:

- Attendance
- Withdrawal
- Readmission

Students shall be restricted from attending classes, laboratory, and/or clinical sessions until the following conditions are met to the satisfaction of the College, the Divisions, the Medical Records Specialist, and the Department Chair.

- Resolution of the disease and/or other medical condition.
- Absence of clinical signs/symptoms
- Submission of written documentation from the treating health care provider.
- Immediate notification of the Department Chair, Division Director and the Medical Record Specialist if carrying a contagious disease.

Additional information on exposure control procedures may be provided when necessary.

Hospitals, Clinics and other affiliating facilities may require that carriers of contagious diseases not be assigned to their facility. Some medical facilities may require students to report to the facilities employee health services with a physician's release prior to returning to patient contact.

### **Student Medical Records:**

All medical records, part of the student's Complio-uploaded medical record, are managed by the Medical Record Specialist. Medical records are retained for 6 years following graduation or 1 year following withdrawal from the Program.

There are numerous contagious diseases and other medical conditions requiring restrictions from attending classes, laboratory, and/or clinical sessions until completion and no transmission risk.

Refer to list of contagious diseases and other medical conditions with restrictions at the end of policy.

### **NC Law 10A NCAC 41A.207: Health Care Workers Infected with Hep. B and/or are HIV (+):**

Health Care Workers, including students, with exudative lesions or weeping dermatitis must refrain from all patient contact, handling patient care equipment/instruments/supplies, and performing invasive procedures, until the condition resolves.

### **Student Exposure to Contagious Diseases in Classroom or Clinical Sites:**

Students are being informed if they are entering Health Programs with laboratory and/or clinical components, they are at an increased risk, compared to the general population, for occupational exposure to a variety of diseases, some of which are contagious (refer to the list at the end of policy).

Students must present verification/documentation of immune status to Tdap, Rubella, Rubeola, Mumps. Students must present verification/documentation of immune status by titer to Varicella and Hepatitis B as part of their student medical records requirements. Non-immune students may be removed from laboratory/clinical sites during community outbreaks, affecting graduation requirements for his/her program.

### **Standard Precautions:**

Students must follow standard precautions during their laboratory and/or clinical sessions. Students in Health Programs will be given more detailed information and instructions concerning Standard Precautions during their course of studies. All exposure control (infection control) guidelines, policies and regulations will be strictly adhered to. Failure to adhere to and abide by these policies will be grounds for dismissal from the Health Program. These guidelines, policies and regulations have been established by, but are not limited or restricted to, the following:

- Central Piedmont's [Bloodborne Pathogens Manual](#)
- Central Piedmont Health Professionals and Human Services (HPHS)
- Program Accreditation Standards
- Occupational Safety & Health Administration (OSHA)
- Centers for Disease Control & Prevention (CDC)
- Healthcare Organizations

- Participating Health Care Facilities/Clinical Sites
- N.C. Department of Environment, Health, and Natural Resources (State Health Department)
- N.C. Statewide Program on Infections Control & Epidemiology (SPICE)
- N.C. State Boards (e.g. State Board of Nursing; State Board of Dental Examiners)

#### Available Vaccinations:

Health care workers are recommended vaccinations against contagious diseases. The following vaccinations are recommended for health care workers by the Centers for Disease Control and Prevention. Students should consult physicians for appropriate vaccinations, adhering to North Carolina immunization laws.

**Note:** All North Carolina immunization laws apply.

- MMS (Measles — Rubeola, Mumps, Rubella) (refer to student medical form for specific requirements based on birth year.
- Hepatitis A
- Hepatitis B
- Influenza (Available for flu season)
- Varicella (Chickenpox)
- Td (Tetanus/Diphtheria): Proof of 3 doses (one of which has been in the last 10 years) required by N.C. law for college/university students. Students requiring a current booster should receive the adult Pertussis immunization (Tdap).
- Pneumococcal
- Meningococcal
- COVID-19

These policies are designed to help protect the health and safety of students, patients, faculty, staff and other personnel. Central Piedmont Community College must take the appropriate action it deems necessary to ensure the well-being, health and safety of the population it serves. At any time any of these may become mandatory.

#### Public Health Laws:

All North Carolina Public Health laws regarding contagious diseases will be enforced by the College.

### Affiliating Clinical Facility:

Health Care Programs must comply with affiliating clinical facility's contagious disease policies. Students must adhere to policies set forth by each affiliating clinical facility.

## Contagious Diseases and Other Medical Conditions with Restrictions

| Disease/Condition                                             | School Status                                                | Comments                                                                                            |
|---------------------------------------------------------------|--------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| AIDS/HIV                                                      | Status may be based on decision by NC Dept. EHNR Director    | Evaluated by NC Dept. EHNR. May also need evaluation and clearance from a physician. See State law. |
| Abscess, boils, furuncles (draining), etc.                    | Cannot attend class, laboratory and/or clinic sessions.      | Until drainage ceases                                                                               |
| Campylobacter                                                 | Cannot attend classes, laboratory, and/or clinical sessions. | Until symptoms resolve.                                                                             |
| Chickenpox (Varicella)                                        | Cannot attend classes, laboratory, and/or clinical sessions. | Until all lesions are crusted and dry. See additional notes.                                        |
| Conjunctivitis (including Pink Eye & Herpetic conjunctivitis) | Cannot attend classes, laboratory, and/or clinical sessions. | Until discharge ceases                                                                              |
| COVID-19                                                      | Cannot attend class, laboratory and/or clinic sessions.      | Contact <a href="mailto:wecare@cpcc.edu">wecare@cpcc.edu</a> for full instructions.                 |
| Cytomegalovirus                                               | Variable                                                     | May be restricted from high risk and Obstetrical areas. Careful personal hygiene is required.       |
| Diarrheal Diseases                                            | Cannot attend classes, laboratory, and/or clinical sessions. | Until symptoms resolve, and other infectious diarrhea ruled out.                                    |
| Enteroviral Infections                                        | Restricted                                                   | Until symptoms resolve.                                                                             |

| <b>Disease/Condition</b>                                          | <b>School Status</b>                                                                                                                                          | <b>Comments</b>                                                                                                                           |
|-------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| Exudative Lesions and/or Weeping Dermatitis or draining open area | Cannot attend classes, laboratory, and/or clinical sessions.                                                                                                  | Until discharge ceases                                                                                                                    |
| Febrile (Fever = 101o F) Illness (FUO) With Or Without Vomiting   | Cannot attend classes, laboratory, and/or clinical sessions.                                                                                                  | No contact until fever and symptoms subside. Must be fever free for 24 hours.                                                             |
| Hepatitis A                                                       | Cannot attend classes, laboratory, and/or clinical sessions.                                                                                                  | Until 7 days after onset of jaundice.                                                                                                     |
| Hepatitis B: Acute                                                | Cannot attend classes, laboratory, and/or clinical sessions.                                                                                                  | Until symptoms resolve. See State law.                                                                                                    |
| Hepatitis B: Acute/Chronic Carrier, Chronic Antigenemia           | Status is based on any decision that may have to be made by NC Dept. of EHNR. Cannot attend classes, laboratory, and/or clinical sessions during acute phase. | Unable to attend until symptoms subside and cleared by physician. Also depends on any possible ruling by the EHNR director.               |
| Hepatitis C (convalescent)                                        | Cannot attend classes, laboratory, and/or clinical sessions during acute phase.                                                                               | May be restricted and must wear gloves for procedures that involve tissue trauma or mucous membrane contact. (Until antigenemia resolves) |
| Hepatitis D (Hep B infection required for Hep D to exist)         | Cannot attend classes, laboratory, and/or clinical sessions during acute phase.                                                                               | Same as Hep. B                                                                                                                            |
| Hepatitis (Other)                                                 | Cannot attend class, laboratory and/or clinic sessions during acute phase.                                                                                    | Until symptoms subside.                                                                                                                   |
| Herpes Simplex I (Orofacial)<br>Herpes labialis (fever blister)   | Cannot attend class, laboratory and/or clinic sessions.                                                                                                       | Until lesions are dry, crusted, or healed.                                                                                                |

| <b>Disease/Condition</b>                            | <b>School Status</b>                                                                            | <b>Comments</b>                                                                                                                                       |
|-----------------------------------------------------|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| Herpes Simplex II – Genital                         |                                                                                                 | Careful Handwashing required                                                                                                                          |
| Herpetic Whitlow<br>(fingers/hands)                 | Cannot attend class, laboratory<br>and/or clinic sessions.                                      | Until lesions are healed.                                                                                                                             |
| Herpes Zoster (Shingles)                            | Cannot attend class, laboratory<br>and/or clinic sessions.                                      | Until lesions dry, crusted, or<br>gone.                                                                                                               |
| Infectious Mononucleosis<br>(Epstein Barr<br>Virus) | Cannot attend class, laboratory<br>and/or clinic sessions.                                      | 3-4 weeks, exudate ceases,<br>fever-free, signs/symptoms<br>resolved.                                                                                 |
| Influenza                                           | Cannot attend class, laboratory<br>and/or clinic sessions during<br>acute phase.                | Until symptoms subside. Fever<br>free. Should not take care of<br>high-risk patients.                                                                 |
| Impetigo                                            | Cannot attend class, laboratory<br>and/or clinic sessions.                                      | Until lesions are dry and<br>crusted or gone.                                                                                                         |
| Meningitis                                          | Cannot attend class, laboratory<br>and/or clinic sessions.                                      | Until appropriate treatment<br>received.                                                                                                              |
| MRSA                                                | Cannot attend class, laboratory<br>and/or clinic sessions.                                      | Until appropriate treatment<br>received                                                                                                               |
| Mumps                                               | Cannot attend class, laboratory<br>and/or clinic sessions.                                      | Until 9 days after onset of<br>parotitis and no longer<br>infectious.                                                                                 |
| Pertussis (Whooping Cough)                          | Cannot attend class, laboratory<br>and/or clinic sessions.                                      | From the beginning of the<br>catarrhal stage through the 3rd<br>week after onset of paroxysms<br>or until 7 days after start of<br>effective therapy. |
| Rash                                                | Cannot attend class, laboratory<br>and/or clinic sessions until<br>diagnosed as non- infectious | Until rash clears.                                                                                                                                    |

| <b>Disease/Condition</b>                                           | <b>School Status</b>                                         | <b>Comments</b>                                                                                                                                                                     |
|--------------------------------------------------------------------|--------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Respiratory Syncytial Virus (RSV)                                  | Cannot attend class, laboratory and/or clinic sessions.      | Duration of illness.                                                                                                                                                                |
| Rubella (Active German Measles)                                    | Cannot attend class, laboratory and/or clinic sessions.      | Minimum of seven days after the appearance of the rash.                                                                                                                             |
| Rubeola (Active Red Measles)                                       | Cannot attend class, laboratory and/or clinic sessions.      | Minimum of seven days after the appearance of the rash.                                                                                                                             |
| Salmonella                                                         | Cannot attend classes, laboratory, and/or clinical sessions. | Until acute symptoms subside and 2 consecutive cultures, not less than 24 hours apart, are negative.                                                                                |
| Salmonella (Convalescent)                                          | Variable                                                     | Until acute symptoms subside and 2 consecutive cultures, not less than 24 hours apart, are negative. Students must not take care of high-risk patients.                             |
| SARS (fever = 100.4oF)                                             | Cannot attend class, laboratory and/or clinic sessions.      | Until 10 days after onset of symptoms. Subject to change from CDC.                                                                                                                  |
| Scabies                                                            | Cannot attend class, laboratory and/or clinic sessions.      | Until acute symptoms subside and 2 consecutive stool cultures, collected 24 hours after antibiotics are completed, are negative. Students must not take care of high-risk patients. |
| Staphylococcus aureus (e.g. skin lesions) (refer to Abscess, etc.) | Cannot attend class, laboratory and/or clinic sessions.      | Until drainage ceases and lesions resolve.                                                                                                                                          |
| Strep Throat (streptococcal)                                       | Cannot attend class, laboratory and/or clinic sessions.      | Until 24 hours after antibiotic treatment is started and fever free.                                                                                                                |

| <b>Disease/Condition</b>        | <b>School Status</b>                                    | <b>Comments</b>                                                                                                                                                                                             |
|---------------------------------|---------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tuberculosis (Active Pulmonary) | Cannot attend class, laboratory and/or clinic sessions. | Until appropriate therapy has been received for 3 weeks; shows significant clinical improvement; no longer have a productive cough; and 3 consecutive sputum cultures are negative. (No longer contagious.) |
| Typhoid Fever/Paratyphoid Fever | Cannot attend class, laboratory and/or clinic sessions. | Until 3 consecutive stool cultures, taken 48 hours apart, are found to be negative. Cannot handle food or provide patient care                                                                              |
| Upper Respiratory Infections    | Cannot attend class, laboratory and/or clinic sessions. | Until acute symptoms resolve<br>Should not take care of high risk patients.                                                                                                                                 |
| Other Illnesses Not Listed      | Variable                                                | Evaluated on individual basis.                                                                                                                                                                              |

## Additional General Information

### Respiratory Illness/Upper Respiratory:

Respiratory illnesses will be evaluated on an individual basis. Students with upper respiratory infections should refrain from caring for high-risk patients until acute symptoms resolve. Students with contagious respiratory illnesses must submit a physician's written release to return to school.

### Pertussis:

(Refer to student medical packet)

### Febrile Illness With or Without Vomiting:

Students with fever of 101° F or above cannot attend classes, laboratory and/or clinical sessions. Significant communicable disease processes could be in progress which could be transmitted to patients as well as other students/faculty.

Returning to school/clinic is permitted after being fever free for 24 hours.

**Infectious/Contagious Diarrheal Disease:**

During the acute stage, students cannot attend classes/ lab/ clinical sessions until symptoms are resolved. Students will have to be evaluated by their physician.

**Illnesses Displaying Rashes:**

Rashes must be identified by a physician as to what the rash is and what infectious/contagious disease it represents, if any. If contagious, a doctors' release is needed to return to school.

**Special Note Concerning Chickenpox:** All HPHS students must submit a Varicella (Chickenpox) titer lab report with medical packets.

Non-immune students are required to receive the two dose vaccination series unless it is medically contraindicated. If a student is not immune and is exposed during a community outbreak, student cannot attend classes, laboratory, and/or clinical sessions during the 21 day incubation period.

**Special Note Concerning Herpes Zoster/Shingles:** Anyone with active Shingles is contagious and can transmit Chickenpox to individuals not immune to this disease. Therefore, a written release from a physician stating non-contagious status is required for return to classes and patient care. Some clinical sites may also require students to report to the facilities Employee Health to obtain clearance prior to reporting to the assigned unit.

**Public Health Laws:** All North Carolina Public Health laws concerning contagious diseases will be enforced by the College.

**Affiliating Clinical Facility:** The HPHS Programs must enforce and abide by the affiliating clinical facility's contagious disease policies. Students must comply with the policies set forth by each affiliating clinical facility.

## Bloodborne Pathogens Standard and Other Infectious Diseases Student Exposure Classification Statement

The designated student is classified by Central Piedmont Community College as entering a program that puts them at risk for occupational exposure to blood and other potentially infectious materials/fluids as the result of student work assignments that they will perform during the course of their studies. Therefore, the student has been classified according to OSHA's Bloodborne Pathogens Standard 29 CFR 1910.1030 as having exposure to bloodborne pathogens. Under the Standard, the student is classified as performing Category/Task I procedures/tasks and/or skills.

The student may assist with and/or provide patient care and/or treatment to patients with bloodborne infectious diseases, such as Hepatitis (e.g. Hep, B, C, D) HIV/AIDS, and other infectious diseases transmitted through direct/indirect contact, airborne, or droplet/respiratory transmission (e.g.. Hep. A, Herpes, Cold, Flu, Measles, Mumps, Rubella, Pertussis (Whooping Cough), Chickenpox, Tuberculosis, SARS, Legionella pneumophila (Legionnaires' Disease) MRSA, etc.]. The Americans with Disabilities Act forbids discrimination against patients with HIV; therefore, students are required to treat all patients assigned, regardless of the known/unknown disease state of the patient. Refusal to treat any patient may affect the student's academic success.

Students will be required to practice established infection control protocols and adhere to all Standard Precautions, OSHA's Bloodborne Pathogens Standard, CDC Infection Control Guidelines for Medical/Dental Healthcare Settings, NC State Laws, and individual program Infection Control Protocols.

I, \_\_\_\_\_, was informed by Central Piedmont Community College on that I am entering a program that will require me to perform duties that have been determined to put myself at risk for occupational exposure. I further understand that I may be exposed to patients with contagious/infectious diseases as the result of my duties and that I will be expected to provide care to these patients when assigned to me as part of my clinical training requirements.

I further understand that occupational exposure refers to:

Reasonably anticipated skin, eye, mucous membrane contact or potential contact with blood, saliva, and/or other potentially infectious materials that may result from the performance of my duties as a student.

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Please Sign Legibly If Not Electronically Signing)

Student's Printed Name: \_\_\_\_\_

Name Of Program: \_\_\_\_\_

Department Chair Signature: \_\_\_\_\_ Date: \_\_\_\_\_