

Damari Goodwin

### “What Makes a Successful Community College Student?”

What makes a successful community college student is dedication, responsibility, attitude, optimism, and a healthy diet. Someone that is dedicated tends to have many short- and long-term goals that they are trying to accomplish so they can move to the next level in life. I have always enjoyed helping people and trying to figure things out. I describe myself as dedicated because I am determined to get a masters in Criminal Justice so I can become a successful detective or crime scene investigator. I know that in order for me to reach my goals I will have to focus in school and I must be determined to making good grades. A successful community college student has to be responsible. What I mean by that is you are in control of your grades, attendance and use of school resources if you find yourself struggling in a course. A responsible student is able to find ways to study that is suitable for him or her. Responsible students have plans, goals, and are well organized individuals. You must be organized to keep up with upcoming assignments and events so you can be on you're a game. Responsible students surround themselves with other people who have plans and goals and are organized as well, in case they slack off a little and need a positive friend to push them to do better.

What makes a successful community college student is a positive attitude. It is inevitable that we are going to face some sort of challenges in our life and it is very important that you keep a strong mind set. Say for instance you don't do well on a test you studied very hard for and didn't do as good as you would've liked, tell yourself you will do better next test. You may become overwhelmed and feel like due dates are approaching really fast, take a second and take a deep breath. You have to believe in yourself no matter your circumstances or situation, you have to know that your time is coming, you just have to put in the work to get there. Personally, I go to church to get a message that helps me through the week, I try to focus on the outcome in the future instead of the moment at hand .

What makes a successful community college student is their willingness to be optimistic. Optimism is defined as hopeful and confident about the future. What this means is that you have to be enthusiastic and self-assured that you will accomplish your long-term goals not only for school but in life. The important thing about optimism is that you look on the bright side of things instead of thinking negative. Lastly what makes a successful community college student is a healthy diet. A healthy diet doesn't just consist of food, it is the things that have an impact on you mentally, physically, and spiritually. Yes, it is very important that you eat breakfast in the morning but it is also important that you monitor the things you listen to, the things you watch on television., and most importantly the people you let in and out of your life. Not everyone wants you to be successful, that's why it is important to have a sharp mind set and that is what will make you a successful community college student.