



# Making a Successful Career Transition

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Get There.

# What we will cover

- Things to consider when making a career change:
  - Assessing your personality and interests
  - Reviewing your previous experiences and transferrable skills
  - Incorporating your values
  - Evaluating your needs
  - Researching your options



# Career Transition

Many people are seeking a new career because they have fallen into their current situation.

Thinking intentionally about your next step will help insure a sound outcome.



# Career Development Process

1. Self-Exploration (career assessments, values, obstacles, salary needs, etc.)
2. Research Careers
3. Informational Interviews and Site Visits
4. Trying Your Choice Out

# Career Assessment

- Assessment can include:
  - Personality
  - Interests
  - Abilities/Skills
  - Values
- Variety of options:
  - Fun online “tests”, books
  - With a private career coach or career counselor
  - Through the Career Transitions Program at CPCC



# Previous Experience

- What skills have I used in past employment or volunteer capacities?
- What skills have I gained through my hobbies and interests?
- What classes and training seminars can I apply to another occupation?
- **What are my transferable skills? Refer them to online transferable skills assessments**

# Values

- To make a sound decision, it is important to reflect on your values.
- Examples can include:
  - What hours am I willing to work and how will that fit with my family life?
  - Where do I want to live? How far would I commute?
  - What kind of employer or company would I fit best with?
  - What is the corporate culture I'm seeking?



# Evaluating Needs

- What will your bottom line need to be to make ends meet?
- Am I willing to accept a lower salary to enter a new career field?
- What kind of benefits do you need?
- What is the possibility of relocating?
- Does this job fit with my lifestyle?

# Research

- Now that you have narrowed down a list of potential careers, you will need to research the actual career, outlook and employers further.
- Talk to someone in the career to determine if technology will influence future.
- Some great websites are available on our website: [www.cpcc.edu/career](http://www.cpcc.edu/career)

# Helpful Links

O\*Net: <http://online.onetcenter.org/>

Occupational Outlook Handbook:  
<http://www.bls.gov/oco/>

NC Occupational Information:  
<http://eslmi03.esc.state.nc.us/soicc/info/briefs.htm>

Our links resource page:  
<http://www.cpcc.edu/career/studentsgrads/career/links/decision>

# Older/Mature Worker Links

AARP Work <http://www.aarp.org/money/work/>

RetirementJobs.com

Seniors4hire.org

Jobs to the Power of 40+ [www.jobs4point0.com](http://www.jobs4point0.com)

Senior Community Service Employment Program  
[www.doleta.gov/Seniors/](http://www.doleta.gov/Seniors/)

Rileyguide's 50+ worker section

[www.rileyguide.com/diverse.html#50+](http://www.rileyguide.com/diverse.html#50+)

# Please Note!

- Additional assistance for our community members is available with affordable fees through CPCC Career Transitions Services

[www.cpcc.edu/transitions](http://www.cpcc.edu/transitions)

- Visit Career Transitions website to view this presentation and to access valuable job search information

[www.cpcc.edu/career](http://www.cpcc.edu/career)

- Visit the Career Transitions table today to sign up for:

Career Exploration Groups~ March 19 & 26

Resume Workshop ~ March 18<sup>th</sup>, 6-8 PM



Get There.